

DARE TO CARE

Consider the following examples, and encourage your children to use social media with good intent.

- » Compliment a classmate.
- » Send an appropriate and funny joke or video.
- » Share an inspirational story or quote.
- » Send an apology if you have hurt someone.
- » Take a funny picture of yourself.
- » Unplug for an hour or two and write down how you feel.
- » Write a list of the positives and negatives of technology and incorporate the positives.
- » Post something without checking for the number of “likes.”
- » Go through your friends and followers list and delete those who are not your “true” friends, remembering that not everyone should have access to you.
(Protect Your Privacy)

